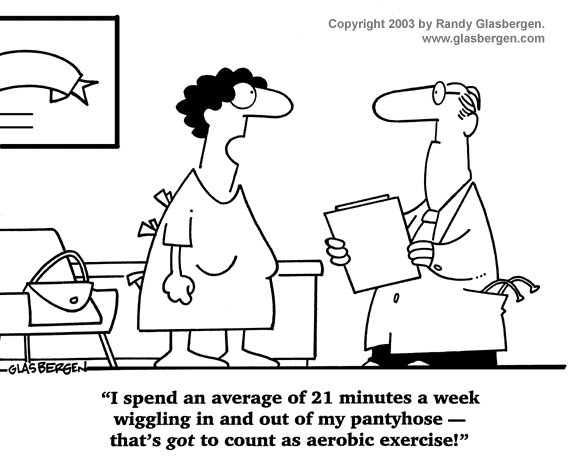
I like this satire because even though it is simple, it is funny and gives the idea that many people do not enjoy running or even exercising in general. It gives you a sense that all people are lazy and do not really care about their health. Although this is true for some people, most people enjoy exercising but do not have the time to do so.

This satire is showing that even though the person is exercising, they are still drinking coffee and are watching TV, which you would not normally associate with exercise. This poster does not really offer much more, so I would not consider it a good example of a satire.



I got a good laugh out of this satire, and found that it was a good example. I like how the lady is shocked that she does not get enough exercise from her day to day activities. The fact that she is surprised that she does not get enough exercise from simply changing her clothes, gives the idea that we as humans are not sure as what constitutes as healthy and necessary exercise. We do not realize how much we are lacking when it comes to physical exercise.